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July 2019

BEING A PARENT

n July 28, 2019, we will be celebrating Parents' Day in our parish. It is the day where the children and youth of our parish have an evening of fun and entertainment for the parents as a gift of love for all the efforts they take. It is also to appreciate all parents for their selfless commitment and their lifelong sacrifice in nurturing this relationship.

Being a parent is the most important job in the world. The first 1000 days of life is a once-in-alifetime opportunity to build a baby's brain and shape a child's ability to learn and grow. Parents want to give their children the best they can. Yet, many have no choice but to work long hours, often away from home, to support their families. It's all about time. Parents need time to give their child the best start in life.

The term parent-child relationship refers to the unique and enduring bond between a caregiver and his/her child. To understand the parent-child relationship, we must look at the ways that parents and children interact with one another physically, emotionally, and socially. Think about your parents. How did your relationship with your parents contribute to who you are today, or did it? Many psychologists believe that the relationships between parents and children are very important in determining who we become and how we relate to others and the world.

The Parent-Child Relationship is one that nurtures the physical, emotional and social development of the child. It is a unique bond that every child and parent will enjoy and nurture. This relationship lays the foundation for the child's personality, life choices and overall behaviour. It can also affect the strength of their social, physical, mental and emotional health.

The adult development was largely defined by the relationships that children share with their parents. For example, if an adult female struggles in intimate relationships with males, she probably would have blamed it on an unhealthy relationship with her father. The psycho-social theory of development proposes that infants who have care-givers meeting their basic needs will grow into trusting adults, but infants whose needs are not met will develop feelings of mistrust in future relationships.

Many a times throughout his six-year pontificate, Pope Francis has related how important he believes in a dialogue between the Youth and their elders, and in particular how essential it is for young people to be open to listening to and learning from the elderly.

Christus Vivit, a document by Pope Francis, is broken into nine chapters. Pope Francis reminds the young people that while they are models of holiness, each young person is different and called to his/her own path to holiness.

It seems that the moral policing had its own bickering in the society. Although the theme of regulating the present modern youth to adhere to basics of our traditional values & cultures, it is up to the youngsters to decide what's best for them & to the society. Simply aping the western cultures and acting like cowboys & models will not pay them back good in life.

What's worrying the parents is the present attitude of the young modern women, for consuming alcohol, dressing indecently, and mixing with youngsters of other faiths.

Emphasizing the critical role of parents in the rearing of children, the Global Day of Parents celebrated on June 1 recognizes also that the family has the primary responsibility for the nurturing and protection of children. For the full and harmonious development of their personality, children should grow up in a family environment and in an atmosphere of happiness, love and understanding.

Many believe that Parents Day might have originated because of the eternal human



desire to honor and appreciate the love and care of parents, whose enormous effort resulted in giving a better human kind to the nation.

Parents' Day provides an opportunity to appreciate all parents in all parts of the world for their selfless commitment to children and their lifelong sacrifice towards nurturing this relationship. This day is used to honor the love, respect, sacrifice and affection shown by the two very important persons in the life of every individual. Go spend the day with your parents. Show them how much you respect them. Help them around the house and maybe get them a card or small gift to let them know you were thinking of them. You could take them out for a nice dinner or to a movie. Maybe even take them to the zoo or to their favourite place. There are so many creative ways to show them respect.

This Parents Day, let us appreciate all the parents in our parish and give them the love, affection and the respect they are entitled to.

Wishing all the Parents of the Parish A HAPPY PARENTS DAY. May Our Lady of Salvation bless, protect and strengthen them always.

~ Fr. Barthol S. Machado Parish Priest

A Reflection on Parenting Challenges

The joys of parenting are many, the challenges just as much. In conversation with parents, those with younger children spoke of the challenge of providing the right environment to their child to discover self and talents and have a full and fulfilling range of experiences. With teens it is the concern with the influence that media tends to have in implanting ideas & behaviours that run contrary to what they have been trying to instil. And parents of grown children say that their biggest challenge was involvement versus independence. Most parents agree that they would be happy with their child growing up to be stable & successful in society. And then one said, "I think that as a Catholic, my biggest challenge is ensuring that my child is on the pathway to heaven; that she grows in holiness even as she moves on and moves up in life."

These words bring to mind Mark 8:36 "what good is it for someone to gain the whole world yet forfeit his soul?" As parents in today's world that offers a host of material opportunities and growth options, we can easily forget or side-line the role of Faith in parenting our children. Jesus calls us to be witnesses of our Faith through our lives in the role that we play: hanging on through many situations that may make us feel like giving up. We are called to live Love in its entirety and here's a self-check list: Am I always **patient and kind?** Never jealous, boastful or conceited? Am I never rude or seeking my own advantage; do I not take offence or store up grievances nor rejoice at wrongdoing? Am I always ready to trust, to hope and to endure whatever comes? (cfr: 1 Corinthians chapter 13)

And in trying to do this, despite our inadequacies we will see in our parenting, not *Challenges* but *Opportunities*:

To look into our own lives, to better our relationship with God, with our spouse and with the children we have been gifted.

To draw on the grace that God gives us to move with our children towards Heaven – through the experience of Love.

May each tomorrow see you closer to heaven than today. Happy Parents Day!

~ Nisha D'Costa

Our Parents

Our parents are the only people who genuinely care about our well being. We will definitely have many friends, teachers and relatives who love us and sometimes even pretend to love us. But as a wise scholar has said in a lighter vein, "God could not be everywhere so he made parents." So this Parents day let us give our parents something exceptional which will help us to show our gratitude that they truly deserve.

~ Neerav Reddy (Std IX)

Parents day is a day to appreciate our parents for all that they do for us. Parents are precious gifts of God in our lives. God can't be with us all the time so he made parents to guide us. They always support us in times of difficulty. They are always there to correct us when we are wrong, to help us to be good human beings. They love us unconditionally. Parents are everything to us. Without them we would not exist. So this parents day let us show our appreciation to our parents and make them feel special!

~ Aster D'Sa (Std IX)

Feast of St. Elizabeth of Portugal



arishioners of Our Lady of Salvation Church belonging to the CLM Ladies (Konkani) Sodality celebrated the feast of their 2nd patron St. Elizabeth of Portugal on 4th July 2019. In preparation for the Feast We had a Triduum with Novenas & Mass. The sermons preached were very inspiring which touched the lives of many. The Feast Mass was celebrated on Thur, 4th July 2019, by our Spiritual Director Fr. Edwin Azavedo, who gave us thoughtful message. After this we had a Get-together in the Parish hall where all the CLM members were welcome. All the members gave a warm welcome to our new Spiritual Director Fr. Edwin. He gave a small speech and appreciated all the members for their love for Mother Mary and their cooperation. Our parish priest Fr. Barthol Machado was also present. He prayed for us and blessed us. Snacks & coffee was served and the members participated in prayerful hymns. The program ended with a small prayer. Through the intercession of St. Elizabeth may God shower his abundant blessing on our parish priest, our Spiritual Director and all the members of the CLM (Konkani) sodality.

~ Antonette Fernandes & Clara Fernandes

Confirmation Field Trip – Holy Cross 2019-20

In their resolute endeavor to make Catechism more meaningful for the Confirmands, the

Catechists organized a fun-filled field trip to Holy Cross Church, Lower Parel, on Sunday, the 30th of June, 2019.

At the appointed time, all the thirty nine confirmands convened in the Parish Hall, their excitement being palpable as they awaited the next set of instructions.

Once they reached the venue, the confirmands were happily received, not only by Fr. George Fernandes, the Parish priest, but also by the eight confirmands from Holy Cross Church. A simple game of introducing themselves to the entire group alongwith an adjective beginning with the first letter of their name served as the perfect ice breaker and set the tone for the day.

After a yummy breakfast, the confirmands excitedly and enthusiastically participated in various team building games.

A closely contested Treasure Hunt, followed by a scrumptious lunch and a round of Names Housie ensured that the confirmands interacted healthily with one another and a strong camaraderie was forged amongst them. With that mission successfully accomplished, the action-packed but fruitful day was brought to a close with the recital of the Rosary and the catechists dispersing the confirmands on a happy note.

> ~ Ms. Vailena D'Souza Confirmation Catechist



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Spectrum 2019



he month of May brings along with it the long vacations; humid temperature; and the children of our Parish to Church every day for games, fun and everything in between. The Youth of our Parish organized a Summer Club for the kids from 20th May to the 2nd of June2019. A total of 40 kids participated in the Summer Club this year. Along with classics like cricket and football, kids played games with a unique twist in it which was interesting and challenging. Through all the activities, Sessions, Treasure Hunt and games, the kids bonded with each other and the animators, which helped in making the club even more fun. The Closing Ceremony of the Club was held on 2nd June. The theme was *Mismatch* which meant everyone had to pair two or more different types of clothing as outlandish as it would be. There were photos and games that made all of us relive the two weeks we spent together. Prizes and gifts were distributed to the kids. The Summer Club surely left a *spectrum of memories* in the hearts of the kids as well as the animators. We would like to specially thank Fr. Joel for his tremendous support and encouragement towards the club.

~ Clifford Lobo

A Warm Welcome & A Fond Farewell

h yes ! we do miss Fr. Cajetan Menezes and Fr. Micheal Martires associated with us parishioners for over 16 years. The Parish Council (PPC) along with the parishioners felicitated them and bid them farewell on 1st June at the Salvation Seva Kendre Hall. Priyanka Valles anchored the event. The youth presented a melodious harmony accompanied by Lystra Murzello. A beautiful rendition of the song "Look Through My Eyes" and with the children "God will take care of You".

The room was filled with mixed emotions as Maria Fernandez's valedictory speech spoke of the important mission the priests were called for, and on behalf of the



parishioners presented a fitting tribute to express their love and gratitude to Fr Cajetan, by appreciating his dedicated service and contribution to our parish, in spite of being just a resident priest, and handling his family apostolate portfolios in the Archdiocese of Bombay, and abroad. Mr. Rosario's tribute to Fr. Michael, narrated those beautiful memories, which expressed his love for the people, who truly loved and



respected him for his kindness and witness to Christ, and his interest in the pastoral care of the Konkani Speaking parishioners.

The Parish Priest Fr. Barthol Machado warmly welcomed our new priests, Fr. Cleophas Fernandes & Fr. Edwin Azavedo to our parish and gave us a gist of their wonderful charisms. The finale song "Carry your Candle" was so appropriate for the occasion, when the children performed a graceful dance with candles that filled the hall with colourful lights, while all assembled to pose in front of the cameras to capture the heart-breaking moments, saying goodbye to our beloved priests, sent out to spread light to the world and make it a better place.

~ Maria Fernandez



Fr. Edwin Azavedo

Born on: 19th June

Ordained on: 1st April 2006

Previously served at:

St. Anthony Church, Mankhurd

Fr. Cleophas Fernandes Born on: 25th September Ordained on: 24th April 1976 Previously served at:

St. Pius X Church, Mulund

PORTFOLIO of PRIESTS for 2019-20

<u>Fr. Barthol Machado</u> (Parish Priest) St. Mark Zone

Chairman - Board of Management Manager & Trustee – Salvation School PPC - Executive Personnel & Admin Administrator - CCO Medical & 50+ Care Centre Host Makers Civic & Political Cell

Fr. Joel Fernandes

St. Matthew Zone Sunday School Altar Servers Altar Care SCC Steering Committee - Priest Co-ordinator Salvation Youth Prayer Group PYC/PYAT Meditation Group Divine Mercy Parish Liturgy Team

<u>Fr. Leslie Almeida</u> St. John Zone

Al Anon Faith Group Alcoholics Anonymous SVP -Conf of O. L. of Salvation SVP -Conf of St. Francis of Assisi Senior Citizens Senior Care Secretary - Team Meeting RCIA Care & Comfort Ministry Prison Ministry Extraordinary Ministers of Communion

Fr. Edwin Azavedo

St. Luke Zone Ushers Konkani Prayer Group Konkani Mens Solidarity Intercessory Group Hope & Life CLM Ladies Konkani Choirs : St. Joseph's Choral Society Joyful Proclaimers Konkani Choir Cantors Helmet of Salvation English Prayer Group Bulletin & Website [Communication Cell] Childrens Parliament

Fr. John Rumao Legion of Mary

(*Our Lady of Salvation Paresidium*) Legion of Mary (*Mary our Mother Praesidium*) Collection Counting CLM Ladies English Bible Cell Bombay Catholic Sabha

Fr. Cleophas Fernandes

YCW Jobs Pre-Baptism Family Cell Lectors Parish Liturgy Team

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